

Father Louis A. Rowen Knights of Columbus Council #3670

Check us out online at <http://www.avenue.org/kofc3670>

January 2014

Grand Knight's Report

Please welcome our new Brother Knights. We voted in one new member and two transfers in December. Be sure to invite them to our meetings and participate in our activities. Please offer your assistance in helping our new members and not-so-new members receive their second and third degrees. Options are listed later in the newsletter on page 4 and online at www.vakofc.org. Just click on Calendar. Our Worthy State Deputy wants all councils in Virginia to schedule a Membership Blitz for March, but our council's membership drive is ongoing. Please contact me or Deputy Grand Knight Jesse Boeckermann to see how you can help.

Our council sold Keep Christ is Christmas cards in November and December. Thanks for all the assistance from Norm Balwinski, Stan Sokolowski, Joe Murray, Jesse Boeckermann, and Tom O'Rourke. As far as Coats for Kids, our council ordered eight boxes and distributed them to the local churches. As long as it is cold, we have plenty of time to make donations. More information is on page 3. Coming up, our council has two pancake breakfasts, KOVAR, Special Olympics, and signup for Fridays After Five. We need a FAF committee chair. The State Midterm Meeting is also coming up Saturday, January 11 in Richmond. We'll probably have March Madness sweepstake tickets to sell.

We also need some sort of social activity for our own council. It will provide fun for us and an opportunity to fellowship with our members and potential new members. If you have any ideas, please let me know. There's a new Catholic-run business in the area. Please visit The Sycamore Tree, which offers Christian Books, gifts, and stationary on Ivy Road. Hours are 10am to 6pm weekdays and Saturdays 10am to 5pm. Their phone number is 434-529-8270. They have a great selection of books, rosaries, and religions medals. They're located next to Teague Funeral Home on Ivy Road.

Congratulations to Tom O'Rourke, the Council 3670 Knight of the Month for January. More information about Tom is on page 2.

Our next social and officer's meeting is Monday night, January 6 at 7:00 at Church of the Incarnation's Stone Chapel. All members of the council are invited. The next business meeting is Monday night, January 20 at Incarnation's Stone Chapel. Rosary begins at 7:15.

Joe Ciaccio
Grand Knight, Council 3670

THE HOLY FATHER'S INTENTIONS FOR JANUARY

Universal

That all may promote authentic economic development that respects the dignity of all peoples

For Evangelization

That Christians of diverse denominations may walk toward the unity desired by Christ

OFFICERS

GRAND KNIGHT – Joe Ciaccio – 296-2797

DEPUTY GRAND KNIGHT - Jesse Boeckermann-605-376-4234

CHANCELLOR – Norm Balwinski – 973-8774

RECORDER – VACANT

TREASURER – David Gamache, Sr. - 980-2937

FINANCIAL SECRETARY – Larry Hance – 962-7492

ADVOCATE – Mike Cerruti - 801-584-9157

LECTURER - Bill Phillips – 973-6726

WARDEN – Bob Marinchick – 823-4068

INSIDE GUARD – Phil Carr - 297-3084

OUTSIDE GUARD – Mark Sissons – 973-1288

TRUSTEE ONE YEAR – Bob Strassheim - 589-7822

TRUSTEE TWO YEARS – Joe Murray – 971-2737

TRUSTEE THREE YEARS – Jim Morrisard – 973-6570

DISTRICT DEPUTY – Gordo Genovese

CHAPLAIN – Father Joseph Mary Lukyamuzi – 295-7185

Any Knight who is sick or in need of transportation to a doctor or to get medication, please contact Brother Joe Murray at (434) 971-2737.

Insurance Agent – Tom Loviza

Phone Number: (804) 307-0086

Fax Number: (804) 377-9111

E-mail Address: thomas.loviza@kofc.org

LITURGICAL CALENDAR NOTES

January 1 – Mary the Holy Mother of God

January 2 – Saints Basil the Great and Gregory Nazianzen

January 4 – Saint Elizabeth Ann Seton

January 5 – The Epiphany of the Lord

January 12 – The Baptism of the Lord

January 13 – Saint Hilary

January 17 – Saint Anthony, Abbot

January 20 – Saints Fabian and Sebastian

January 21 – Saint Agnes

January 23 – Saint Vincent

January 24 – Saint Francis de Sales

January 28 – Saint Thomas Aquinas

January 31 – Saint John Bosco

PLEASE NOTE!

The Newsletter will be published monthly, around the first of the month and at least one week prior to the business meeting on the third Monday of each month. It will contain notes of the previous meeting plus any other topic of interest to the Brothers. If you have an item you want included in the newsletter, please e-mail it to Deputy Grand Knight Jesse Boeckermann at bach@catholic.org by the end of the month.

KNIGHT OF THE MONTH

Tom O'Rourke

FAMILY OF THE MONTH

KNIGHTS OF THE MONTH –TOM O’ROURKE

The Knights of Columbus Council 3670 Knight of the Month for January is Tom O’Rourke. Tom is a parishioner at Holy Comforter, and his service in the church is exemplary. Tom is active in the leadership of the daily and weekend masses at Holy Comforter, making sure everything runs smoothly. He volunteers at Holy Comforter’s soup kitchen every Thursday. Within our council, Tom helps with Keep Christ in Christmas every year. He’s a Past Grand Knight. Tom participates and provides services to the council when needed. Congratulations Tom, and thanks for all your service to our council!

MEMBERSHIP

Remember, we have an ongoing membership drive. Have you asked someone to join our council recently? As you recruit new members, please remember to print your name clearly on the Form 100, so we have a contact should we be unable to reach the candidate. Also, please date the form. When you hand out information or talk to a potential Knight, please get their contact information and follow up with them. Please have them send their completed Form 100 to:

Knights of Columbus Council 3670
P. O. Box 7251
Charlottesville, VA 22906

MEMBERSHIP DUES

Assessments will be mailed shortly. Help our council save on postage and submit your \$25 dues (additional \$3.65 PKD suggested). Please turn them in at the meeting January 6 or via mail to the Financial Secretary.

Larry Hance
204 Cottonwood Drive
Barboursville, VA 22923-2741

NEW RECORDER NEEDED

Frank O’Donnell submitted his resignation as Recorder. He is unable to hold the office going forward. We thank Frank for his dedication and hard work as Recorder. Please consider taking the office of Recorder. It’s a very important role in our council. If you’re interested in the role, or with filling in as needed during the next couple meetings, please contact Grand Knight Joe Ciaccio at jciaci5450@hotmail.com.

Also, if you’re presenting an idea or topic at a meeting, please submit remarks in writing to the recorder in the future. It makes the Recorder’s job much easier.

ESSAY CONTEST

Our council collected more than 30 essays from 8-12th grade students at Charlottesville Catholic School and the parishes for the Knights of Columbus Essay Contest. The topic was the Responsibility of the Catholic Citizen in a Free Society. Students wrote 500-750 word essays on this theme. Frank O’Donnell, Norm Balwinski, and Jesse Boeckermann formed a committee to judge the essays, so that we can award prizes to the students who wrote the best essays. Our council will be deciding on the prizes and amounts based on the quality of the essays in January, and we’ll have a presentation of the winners at CCS shortly after that.

FREE THROW COMPETITION

Our council held our annual Free Throw Contest from 7:30 a.m.-2:30 p.m. at Charlottesville Catholic School December 13. Frank O'Donnell headed up our council's efforts. Joe Murray and Larry Hance assisted, and Frank arranged for two additional volunteers from outside the council.

Winners:

Girls Ages 10-11: ANNA GAZEWOOD made 10 of 15 shots

Girls Ages 12-14: GABBI DeGENNARO made 10 of 15 shots

Boys Ages 10-11: COLE BRADY made 11 of 15 shots

Boys Ages 12-14: BEN FALLICA made 11 of 15 shots and went 5 for 5 in the tiebreaker shoot-out

Kevin Breen was runner up with 11 for 15 and 3 for 5 in the tiebreaker shoot-out

The State Free Throw competition is scheduled for Saturday, March 15 at St. Gertrude's in Richmond.

The District 21 Free Throw competition will take place in Culpeper in February. The date and time is to be determined. They're looking at the 15th with the 22nd as a back-up date in case of weather.

COATS FOR KIDS



Grand Knight Joe Ciaccio sorting coats

This is the fourth year our council is collecting money for the Coats for Kids drive. Last year, we collected over \$4,000 to buy coats for every child in need at Holy Comforter, Church of the Incarnation, and St. George. We also sent additional coats to the storm-ravaged Northeast after Super Storm Sandy.

Unfortunately, donations to our Coats for Kids drive are down this year. As of mid-December, just over \$2,000 had been raised. Eight cases of coats were ordered and distributed (two for St. George and three each to Incarnation and Holy Comforter). The cost has gone up to \$18.33/coat for these high quality coats, which are brand new from a major manufacturer. If you'd still like to donate, or if you know someone that might want to, make checks payable to KOC Council 3670 and either mail it to P.O. Box 7251, Charlottesville, VA 22906 or put in the collection at church with Coats for Kids in the memo line. Your donation is a tax deductible contribution to this worthy cause. Donations can also be made at our meetings.

Special thanks to Coats for Kids chairman Dave Gamache. He and Joe Ciaccio sorted and mixed the coats when the boxes arrived, so that no one box would have all one color before they were distributed.

As of mid-December, we had enough donation money left over to order 2.5 more cases. If you haven't sent a donation and would like to, we can still order more.

DECEMBER AND UPCOMING DEGREE OPPORTUNITIES

3rd DEGREES

Saturday, January 18 from 11:00 a.m.-1:00 p.m. in Fairfax

LOCAL 2ND DEGREES

Thursday night, January 16 from 7:00-9:00 at St. Isidore the Farmer in Orange

LOCAL 1ST DEGREES

Monday night, January 6 from 7:30-9:30 at Saint Peter and Paul in Palmyra

There are a number of 1st and 2nd Degrees throughout the state in January. If you're interested in attending any of these degrees, contact Grand Knight Joe Ciaccio at jciaci5450@hotmail.com. For more information, and for the full degree schedule, log on to <http://www.vakofc.org/> and click on Calendar.

SPECIAL OLYMPICS VOLUNTEER OPPORTUNITIES

Bowling Tournament is Sunday, January 12th at Kegler's Lanes in Charlottesville

<http://www.nbc29.com/Story/24284724/special-olympics-seeks-bowling-tournament-volunteers>

Tennis Tournament at the Boar's Head Sports Club January 16-18th

http://www.specialolympicsva.org/View/Page/The_Xperience

Regional Basketball Tournament at Albemarle High School February 23

TWO PANCAKE BREAKFASTS COMING

We have two more pancake breakfasts on the horizon at Church of the Incarnation to raise money for worthy organizations. The next breakfast will be Sunday, February 23 with proceeds going to PACEM (People and Congregations Engaged in Ministry). The second breakfast of 2014 will take place on Sunday, May 4. This breakfast is for KOVAR (Knights of Virginia Assisting Citizens with Intellectual Disabilities). The breakfasts run from 9:00 a.m.-12:30 p.m. Setup for each breakfast will be the night before the breakfast after the 5:30 p.m. Mass. We need volunteers for setup, announcements at each Mass at each church, preparing and serving the food, washing dishes, cleanup, tickets, and handing out information on the Knights. Please contact Chancellor Norm Balwinski by email or phone if you can help at nbalwinski@comcast.net or 434-973-8774. And thanks Norm for meeting with Fr. Gregory to come up with this schedule.

KNIGHTS GEAR

You can now order all kinds of Knights of Columbus gear online. Get name brands like Adidas, Nike, Cutter & Buck, and Columbia. You can even get new gear personalized with our council or assembly info. Log on to <https://www.knightsgear.com/>.

BROTHER KNIGHT ADVERTISING

CURT'S COMPUTER CONSULTING

Servers/Desktops/Networks – *No Job Too Small*

Norman C. Bean (Curt), Computer Systems Specialist

290 Riverbend Drive, Unit 2A

Charlottesville, VA 22911

Phone: 434-989-4536

Email: curtbean@centurylink.com

Senior citizens over 65: service fee is free, with the exception of necessary parts.

FUNDRAISING OPPORTUNITY

MEMORY STUDY

UVA is paying \$120 for people to participate in this memory study at the Cognitive Aging Laboratory (<http://faculty.virginia.edu/cogage/participate/>). Call 434-982-6320 if you're interested.

There are three two-hour sessions, and you can set your own schedule. Larry Hance, Bob Strassheim, and Jesse Boeckermann have participated and pledged the proceeds to the council. Please consider doing the same.

FREE HEATING SYSTEM TUNE-UP FOR DOMINION POWER CUSTOMERS

If you or anyone you know is a Dominion Power customer and can use or need a HVAC tune-up, they are promoting an offer in conjunction with R.E. Boggs. It sounds like a wonderful program, especially for folks on a fixed income.

R. E. Boggs, Inc.

1131 Rio Road East

Charlottesville, VA 22901-1810

Email: service@reboggsinc.com

Phone: 434-970-COOL (2665)

MORE VOLUNTEER OPPORTUNITIES

INCARNATION FOOD MINISTRY

Incarnation is seeking parish food ministry members to help pick up bread/pastries from a bakery, helping prepare the bags of food, assisting with Sunday distribution, and more. Please contact Tom (tcross48@hotmail.com) for more information.

If you have an over-bountiful garden, bring any excess to our council meetings at Incarnation. The parish has a table to share/trade surplus vegetables, fruits, and plants. Thanks for your help and donations.

GIVING THE GIFT OF LIFE

Please visit <http://www.vablood.org/> to donate or call Virginia Blood Services at (434) 977-8956.

BOXTOPS FOR EDUCATION

Please check your pantries for items that participate in the Boxtops for Education program. Simply tear off boxtops from a host of products and bring them to our council meeting or to your parish. Each boxtop is worth ten cents each, and that can quickly add up if everyone participates. All boxtops will benefit Charlottesville Catholic School. Also, look for special "double boxtop" offers from the same brands and retailers (Walmart, for one) during back to school season. For more information, log on to www.boxtops4education.com/products/participating-products.

VOLUNTEERS NEEDED

Martha Jefferson Hospital is in need of volunteers. As a volunteer you would assist the staff in various areas of the hospital. Orientation and training is provided. Flexible hours are accommodated. You would join the present group of volunteers which now number over 300. Should you have any questions or to join the next orientation session, please call Michele Shepherd at 654-7000 or by email at mmShepherd@sentara.com. Volunteering at MJH is an excellent way to earn volunteer hours for the Knights of Columbus!

COURAGE LION

For more information on the children's hospital program, check out www.couragelion.org.

There's also a great story about the program online at

http://www.catholicdigest.com/articles/good_works/love_your_neighbor/2009/05-01/preston-and-the-courageous-lion.

LEFTOVER

UVA head baseball coach Brian O'Connor donated a baseball signed by himself and the entire 2013 team to the Knights, and we still have that as an option to raise money for our council in the future. If you have any ideas for what we can do with this baseball, please let us know. We'll plan on raffling it off at the February pancake breakfast otherwise. If you're interested, we'll sell raffle tickets for \$2 apiece or three for \$5.

ANOTHER POTENTIAL CHARITY IDEA AT INCARNATION

The Church of the Incarnation has a Tree Of Life. Parishioners can permanently memorialize or honor a loved one, family member, or a friend by making a donation for a leaf on the *Tree of Life*. The tree will be located in the Narthex and will be installed just in time to celebrate the Easter Season.

Parish families are also invited to sponsor one of the many flowerbeds around our parish property. Families are welcome to purchase the flowers and plant them, donate the flowers, or make a donation and Incarnation will purchase the flowers and plant them. A sign will be placed on each flowerbed with the name of the sponsoring family. A donation for the flowerbed is a cheaper option for only \$25.

Perhaps our council can make donation in this fashion each year (choosing a different person to honor each year - Ellis Flinn for 2013?). It would get council's name some permanent recognition in the parish while we show our appreciation for accommodations we are afforded, since our council doesn't pay any rent for our meetings at the Stone Chapel. \$250 is pretty steep, but it's better than making a token donation to the general fund that would not garner us any ancillary publicity.

<http://www.incarnationparish.org/wp-content/uploads/frontpics/Tree-of-Life-form.pdf>

POTENTIAL SOCIAL EVENT IDEAS

We've had a few suggestions involving future Social Meetings for our council. Currently, the Social Meetings are held the first Monday night of each month at Church of the Incarnation's Stone Chapel. It's been suggested to hold future social meetings at Holy Comforter and St. George's.

Also, Dave suggested reaching out to Tom O'Brien, one of UVA's new assistant football coaches. O'Brien coached at UVA with George Welch, and his family was active at Church of the Incarnation.

Grand Knight Joe Ciaccio has also contacted Cursillo to have a representative come to one of our social meetings to give a presentation about their organization. Larry Hance suggested have someone from the Fellowship of Christian Athletes speak.

If you have any ideas for speakers for speakers, activities, or things we can do with our Social Meetings, please contact Deputy Grand Knight Jesse Boeckermann at bach@catholic.org.

CHECK OUT OUR COUNCIL ONLINE

Council website - <http://kofc3670.avenue.org/>

Council Facebook page: <https://www.facebook.com/groups/478466338832149/?fref=ts>

THE LATEST FROM OUR PARISHES

<http://www.incarnationparish.org/connect/bulletins>

<http://www.holycomforterparish.org/index.php?fuseaction=home.bulletin>

<https://www.facebook.com/pages/St-George-Catholic-Church/145059438899328?sk=info>

BROTHER KNIGHT ADVERTISING

Brother Knight Robert Neitz of Council 3670 has a handyman business and has performed jobs for members of our council. He is offering a 10% discount to all Knights for most any type of home repair and maintenance services. Please contact Bob at 434-981-3124 or robertneitz@gmail.com.

KNIGHTS OF COLUMBUS INSURANCE

Our council's insurance field agent is Tom Loviza from Richmond. He's available to do solid insurance reviews of council member's insurance policies and talk about the different Knights of Columbus insurance programs that are available. He is familiar with most products on the market.

Please contact Tom by phone at (804) 307-0086 or e-mail at thomas.loviza@kofc.org.

Retirement balancing act

Think of retirement as a three-legged stool. In order to maintain balance, you need all three legs...or there is a real possibility of a crash!

One leg consists of the benefits the government offers you. Debate rages about the viability of future benefits, and my best advice is to stay tuned to the discussion and make sure you are aware of what is planned for those benefits. Any change in future promises should be accounted for when we get to the third leg.

The second leg is your company's pension plan, either defined benefit (such as a traditional pension: you work so many years and the company provides you with so much monthly benefit) or defined contribution (such as the popular 401K plans). Some of these plans, particularly traditional ones, are under stress, have been frozen or pared back. Learn how yours works; read the plan description; stay on top of the news coming from the company. On the 401K side, become a good investor. Teach yourself the fundamentals of good diversification, both with the money you have in the "market" and how much you should have out of the "market" based on your situation. Know how much you have and when you will need it.

Finally, the third leg is the saving you do yourself, and this is the only aspect you can control completely. Everyone needs this third leg. It consists of the money you personally set aside on a disciplined basis to help in retirement. You don't directly control government benefits and you don't directly manage your company's pension plan, but you must manage your money and your life.

Establish a retirement plan of your own. Here at the Knights of Columbus, you can open a retirement annuity for as little as \$300. Consistent and disciplined savings placed into that annuity over time can guarantee you an income that you cannot outlive at retirement. That's right – guarantee you an income you cannot outlive. That really will provide you with peace of mind.

Finally, schedule regular meeting with an advisor you trust. Make a plan to reach your retirement goal and make adjustments as necessary when things don't go as planned.

I'm at 804-307-0086 or thomas.loviza@kofc.org. Call me – let's talk.

JANUARY BIRTHDAYS IN OUR COUNCIL

Francis Olimpio	January 1
Rev. Gerald Fogarty	January 7
Francis O'Leary	January 8
Celso Tabilas	January 9
Charles Phillips	January 16
Timothy Furin	January 18
Donald Warner	January 22

JANUARY ANNIVERSARIES IN OUR COUNCIL

David and Cindi Peterson	January 1
Bill and Betty Phillips	January 17
Thomas and Monica Gearhart	January 25

LIST OF KNIGHTS NOT ON EMAIL

Rev. Joseph Brown, Vincent Bucci, Francis Burns, Philip Carr, David Casarez, Lawrence Chandler, Charles Ciaccio, Richard Cook, Frank D'Alessandro, Samuel Goble, Derrick Graham, Robert Hamlin, Patrick Hanley, Rev. John Hickey, Andrew Hucek, Alan Isak, Rev. Robert Keeler, David Keller, Robert Knapp, Keith Kroll, George Krynitsky, Gene Markowski, Msgr. Chester Michael, David Miller, Bernard Morin, Edward Morris, Rev. Dennis Murphy, Eugene Musolf, Francis O'Leary, Henry Oswald, Paul Peck, David Peterson, Frank Pologruto, Thomas Rogan, John Schultz, Robert Schwagerl, Gary Sloan, Lee Stone, Donald Warner

Please reach out to them when you see them at church or otherwise and let them know about what is happening. Thanks! Copies of the newsletter are available at Holy Comforter and Church of the Incarnation or upon request. Please contact Jesse Boeckermann at bach@catholic.org or 605-376-4234.

UPCOMING COUNCIL MEETINGS

Our next meeting is Monday night, January 6 at 7:00. There are two meetings held each month. They are on the first and third Mondays at the Church of the Incarnation's Stone Chapel. The meeting on the first Monday of the month is a social/educational/officer meeting. This meeting serves as a brainstorming session for the council. Our next monthly council meeting will be held **Monday night, January 20**. The Rosary will be recited at 7:15 with the meeting starting at 7:30. Food and refreshments will be served after the meeting. This is YOUR council. Please make plans to attend our monthly meetings.

Also, until we find a Recorder, we will need someone to take the minutes of our business meetings. If you're going to be at the meeting, please consider helping the council by taking notes until we find a new Recorder.

We invite all practicing Catholic men 18 years or older that want to help others and give back to their church and community to consider joining our council. To learn more about our organization, please contact Grand Knight Joe Ciaccio at jciaci5450@hotmail.com.

**FATHER LOUIS A ROWEN
COUNCIL #3670
List of Deceased Brother Knights**

PGK Ambrose Bryne

Louis Chauvenek

Cornelius Connely

Edwin Farinholt

Andrew Gallagher

J.O. Hutchinson

Frank Ix

Kenneth Jaycox

William Maher

Robert Martin

Rev. Bernard Moore

Dominic Polgruto

Earl Rowan

Edward Sisselberger

Dr. John Thornton

John F. Finn

Carl Strahle

PSD Bernard McCusty

Samuel Lancaster

John Kivilighan

Breese Pancake

Col. Louis G. Klinker

Rev. Joseph Winkler

Rev. John Cummings

PGK Dick Cox

George Williams

PGK Robert Severin

Frank Oravec

Raymond White

Robert Mead

Larry Swinburne

Anthony Guttillie

John Tonsler

Leo Connelly

James Looney

PGK William P Maher

James Duffy

PGK Michael Stewart

Rollin Stanton

William Suggs

John Muller

George Harrington

Gerald Gallager

Dewey Graley

PGK Julian Hanlon

Hubert Glancy

Peter Pizza

Frank Daugherty

Marcel Cloupier

John Wojnarowski

Raymond Cronin

Charles Foley

2007

Tony Gambatesa

Glen Edgell (College Council)

Wesley W. Clegg

2008

Jerome A. Ix

Charles Callaghan Jr.

PGK John (Jack) Cornachio

E.T Cason

PGK Peter M. Colo – Charter Member

Rev. Carl J. Naro – Chaplain

2009

Lew C. Stokes

PGK Randall W. Miller

2010

Daniel Dorsey Jr.

2012

Donald Firer

Henry Goforth

Nathaniel Long

2013

Conrad Isak

Eternal Rest Grant unto them, O Lord.
and let perpetual light shine upon
them. May the souls of the faithfully
departed through the mercy of GOD
rest in peace. AMEN